

*Mount Vernon High School  
Home of the Majors*

*"Majors achieve and  
thrive together with  
purpose and pride."*



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# Admin and Counselors

(Shift to the Alpha Model)

Admin <i>Administrador</i>	Alpha <i>Asignación por Apellido</i>
Karen Boyd	A-Der
John Shaffer	Des-Lay
Lashonda Reed	Laz-Ram
Gina Brooks	Ran-Z
Adrian Williams	CSS & STEP

New Alpha <i>Nueva Alfa</i>	School Counselor <i>Consejero/a Escolar</i>
A-B	Bryce Green
C - Ev	Niasharee Frater
Ew-Hop	Ericka Jeter
Hoq-Mc	Mary McAlevy
Md-Pie	Camille Moore
Pif-Sli	Melissa Mentzel
Slj-Z	Paul Guillion
CSS & STEP	Karen Mazzocoli
ESOL Level 1 and 2	Catherine Samper

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<b>P.R.I.D.E.</b>	<b>IB Learner PROFILE</b>	<b>WITHIN OUR SCHOOL</b>
<b>Preparation</b>	<ul style="list-style-type: none"> <li>• Communicators</li> <li>• Inquirers</li> <li>• Knowledgeable</li> <li>• Reflective</li> <li>• Thinkers</li> </ul>	<ul style="list-style-type: none"> <li>• Majors walk with a purpose and; with the goal of arriving to class on-time.</li> <li>• Majors aim to</li> <li>• Majors are available to engage in all aspects of the learning process.</li> <li>• Majors advocate appropriately when they need assistance (academic, behavior, social/emotional).</li> <li>• Majors communicate with teachers and plan in advance for when they are not in class and to follow up on lessons missed.</li> </ul>
<b>Respect</b>	<ul style="list-style-type: none"> <li>• Balanced</li> <li>• Caring</li> <li>• Communicators</li> <li>• Principled</li> <li>• Reflective</li> </ul>	<ul style="list-style-type: none"> <li>• Majors use appropriate tone of voice, word choice/language and body language.</li> <li>• Majors are mindful of their environments and conversations.</li> <li>• Majors respect the boundaries and personal space of others.</li> <li>• Majors greet each other and return greetings to others.</li> <li>• Majors follow the expectations set forth by teachers in their classrooms &amp; the SR&amp;R.</li> </ul>
<b>Integrity</b>	<ul style="list-style-type: none"> <li>• Balanced</li> <li>• Communicators</li> <li>• Open mindedness</li> <li>• Principled</li> </ul>	<ul style="list-style-type: none"> <li>• Majors are truthful and courageous enough to communicate with staff/peers.</li> <li>• Majors are responsible and accountable for their actions and success.</li> <li>• Majors are mindful of others and respect diverse perspectives.</li> <li>• Majors are aware of their behaviors and how their behaviors can impact others.</li> </ul>
<b>Determination</b>	<ul style="list-style-type: none"> <li>• Communicators</li> <li>• Inquirers</li> <li>• Knowledgeable</li> <li>• Risk-Takers</li> </ul>	<ul style="list-style-type: none"> <li>• Majors are committed and present in the moment.</li> <li>• Majors follow through with assigned tasks.</li> <li>• Majors complete tasks to the best of their abilities.</li> <li>• Majors persevere through difficult situations, tasks, conflicts and roadblocks and promptly communicate with teachers/staff for assistance.</li> </ul>
<b>Excellence</b>	<ul style="list-style-type: none"> <li>• Balanced</li> <li>• Inquirers</li> <li>• Communicators</li> <li>• Knowledgeable</li> <li>• Reflective</li> <li>• Risk-Takers</li> </ul>	<ul style="list-style-type: none"> <li>• Majors show maximum effort in all that they do.</li> <li>• Majors strive to create balance between school and home and minimize distractions.</li> <li>• Majors self-reflect as they grow and develop into life-long learners.</li> <li>• Majors are able to self-regulate their actions in order to accomplish goals.</li> <li>• Majors are team players and are always willing to lend a hand.</li> </ul>



# Tyra Murrow, M.Ed

**My name is Tyra Murrow. This is my 23rd year in education with year 19 in FCPS. I have taught special education in elementary, middle, and now high school. This is my first year in high school. Before coming to MVHS I was at Whitman MS for four years.**

**I am also the Crisis Resource Teacher (CRT) at MVHS.**

**Outside of school, I am married, and have four children (23, 18, 16, 13). I am also a choir director. I love basketball and traveling.**

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My name is Mrs. Graves and I have taught at Mount Vernon High School since 2015. I grew up as a military dependent and lived many places but Hawaii was my favorite! I currently live in the Gum Springs/Mount Vernon area. I am a product of FCPS! My mother taught 25 years, my brothers, my daughters, my son, my grandson, my nieces and nephews have all attended FCPS schools.

I enjoy traveling, reading, bowling and walking. I have three beautiful children (38, 24 & 22).

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# Curriculum Overview

This high school elective course is designed to provide support to a student in core curricular areas and to provide direct instruction in specific learning strategies, study skills, time management, organization, and self-advocacy skills.

- Time is also allotted to address individual areas of need as identified in a student's Individual Educational Plan (IEP).
- While students may receive assistance on core curricular assignments, the course is not designed to serve as a study hall.
- Students enrolled in the course receive the equivalent of one period of instruction each day and earn an elective credit.
- Students successfully completing two years of this course will satisfy the sequential elective requirement for the Standard and Modified Standard Diploma.
- Students may be awarded a half-credit upon completion of a full semester of placement in the Strategies for Success course.
- Such a decision is made by the school counselor in conjunction with the special education department chair.

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## Recommended Supplies for Class

- Laptop
- Pen/Pencil
- Agenda Book
- All other supplies will be provided

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# Procedures and Routines for the Classroom

- **Come to class on time**
- **Participate in class discussions**
- **Complete independent assignments**

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# Grading and Assessments

- Students will earn an elective credit for Strategies for Success, therefore you are expected to complete assignments for this class and utilize your time productively. Students will be required to keep an assignment notebook to keep track of assignments and upcoming tests/quizzes. Cumulative homework grade is limited to 10% of the total quarter grade. Any unexcused absences will result in a recorded 50% for the day.
  - Students complete a daily task sheet to be graded on a 5 point system. Points will be earned daily for being on task, bringing all necessary materials, and reflections.
  - The grade indicates the level of achievement in accordance with the FCPS grading scale.
- Assignments
- will be graded and grades will be posted within 7 school days after the due date with the understanding that major projects/papers may require additional time to ensure quality feedback.
  - The following codes will be used in SIS to communicate exemptions, retakes, and missing work:

1. MI- missing assignment (0)

2. RT- retake grade

3. MG- minimum grade (0)

4. EX- excused from the assignment (no point value)

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## Attendance

Students are required to attend **every class**.

- If a student is absent, he/she must go into **Schoology** to access the assignments.

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Any Questions?



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## Thank You



**Thank you for coming tonight. If your child has not given you the syllabus for this class, please take one and sign the last two pages. Our contact information is on the first page.**

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