Mount Vernon High School
Home of the Majors

"Majors achieve and thrive together with purpose and pride."

#ProudMajors

Welcome to BTSN from your MVHS Administrative Team!

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4 SQUADS
1 VISION

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MAJORS

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WHAT IS A SCHOOL WIDE SQUAD SYSTEM?

A community made up of students, teachers, staff and families working together towards a common goal using team building and positive reinforcement.

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Goal:

Foster a more positive learning environment for students and recognize students Major P.R.I.D.E.

How:

Through the utilization of the LiveSchool app, all MV Staff will be able to recognize students who dis play their Major P.R.I.D.E that aligns with our P.R.I.D.E. Grid for positive behaviors and hard work.

Recognition:

The squad with the most points each quarter will be awarded the coveted MAJOR CUP. In addition, students may save their points to cash-in for a variety of "cool-ish" items.

Support:

In order to sustain this program we will the need the support of our MV community. Please consider making a donation to our PBA program or sponsoring a "cool'ish" big ticket item to be raffled quarterly.

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P.R.I.D.E.	IB Learner Profile	Within our School
Preparation	• Communicators • Inquirers • Knowledgeable • Reflective • Thinkers	• Majors walk with a purpose and; with the goal of arriving to class on-time. • Majors aim to • Majors are available to engage in all aspects of the learning process. • Majors advocate appropriately when they need assistance (academic, behavior, social/emotional). • Majors communicate with teachers and plan in advance for when they are not in class and to follow up on lessons missed.
Respect	• Balanced • Caring • Communicators • Principled • Reflective	• Majors use appropriate tone of voice, word choice/language and body language. • Majors are mindful of their environments and conversations. • Majors respect the boundaries and personal space of others. • Majors greet each other and return greetings to others. • Majors follow the expectations set forth by teachers in their classrooms & the SR&R.
Integrity	• Balanced • Communicators • Open mindness • Principled	• Majors are truthful and courageous enough to communicate with staff/peers. • Majors are responsible and accountable for their actions and success. • Majors are mindful of others and respect diverse perspectives. • Majors are aware of their behaviors and how their behaviors can impact others.
Determination	• Communicators • Inquirers • Knowledgeable • Risk-Takers	• Majors are committed and present in the moment. • Majors follow through with assigned tasks. • Majors complete tasks to the best of their abilities. • Majors persevere through difficult situations, tasks, conflicts and roadblocks and promptly communicate with teachers/staff for assistance.
Excellence	• Balanced • Inquirers • Communicators • Knowledgeable • Reflective • Risk-Takers	• Majors show maximum effort in all that they do. • Majors strive to create balance between school and home and minimize distractions. • Majors self-reflect as they grow and develop into life-long learners. • Majors are able to self-regulate their actions in order to accomplish goals. • Majors are team players and are always willing to lend a hand.

Ms. Nancy Epstein
nepstein@fcps.edu

US-VA History: Periods 2 & 7 (A117)

US-VA Government: Periods 4 & 8 (C112)

- **8th Year Teaching at MVHS**
- **Coordinator, MVTV News**
- **Varsity Girls Tennis Coach**

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U.S.-VA HISTORY OBJECTIVE

US/VA History is a course which gives the student an opportunity to continue to build on the information that they have studied in previous courses. In this course we will learn about the political, economic, social and cultural history of the United States and Virginia by examining various themes and how these issues affect all of us in the ever changing, present day modern world.

The work which will be completed in this course includes cooperative learning, independent reading and writing assignments, the use of technology as an educational tool, as well as quizzes, tests and projects to assess learning. The lessons are designed to engage each student in a variety of ways which considers the diverse learning styles and needs of all students. Students will have the opportunity to work individually as well as in pairs and in groups. Virginia and United States History is required for graduation. Another goal of this course is to prepare each student to be a successful and responsible global citizen upon leaving MVHS.

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U.S.-VA HISTORY UNITS

- Unit 1: Why and How We Study History
- Unit 2: Early America: Settlement and Colonization
- Unit 3: Revolution and the New Nation
- Unit 4: Early National Period and Westward Expansion
- Unit 5: The US Civil War and Reconstruction
- Unit 6: Industrialism and Imperialism
- Unit 7: Overseas Imperialism and World War I
- Unit 8: Great Depression and the New Deal
- Unit 9: World War II
- Unit 10: The Cold War
- Unit 11: Civil Rights and the American Identity
- Unit 12: The US in the 21st Century

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Recommended Supplies for Class:

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Laptop
Binder (3-ring)
Pen/Pencil

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Grading Breakdown (US-VA History)

- Summative Assignments: Tests/Performance Based Assessments: 60%
- Formative Assignments: Classwork, Quizzes, Exit Tickets: 40%

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Schoology

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Please feel free to access Schoology using your Parentvue account to check grades, assignments, activities and any announcements

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Contact Information:

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Please feel free to contact me via e-mail: nepstein@fcps.edu any time of the day or via my cell phone: 202 302-5830 from 3-8PM.

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